



Introduction to Hot Stones Massage (Level 1)

Course Description:

This course will present the basics of hot stone massage including benefits, contraindications, set up, how to use the stones safely and care for stones during massage therapy. Hot stone massage will help you build clientele and list of services. It also extends the lifetime of your career by saving your hands from overuse.

Time Allotment: 8 hours

Minimum Student Enrollment: 6

Instructor: Janna Corpuz

Lesson Objective

After this lesson the student should be able to

- 1. Have an understanding of the purpose, benefits and safety guidelines of using hot stones.**
- 2. Have an understanding of indications and contraindications**
- 3. Select and set up equipment and stones**
- 4. Demonstrate proper use of hot stones during a massage.**
- 5. Demonstrate proper cleaning protocol**

8:30am - 12:30pm

Course Outline: 1 Hour Lunch

1:30pm - 5:30pm

Total continuing education hours 8

Cost: \$240.84 (\$230.00 plus \$10.84 tax)

Registration: To register for this course, please [Click Here](#) to go back to CE Workshops & Schedule page, and click on the button "**Register Now**".

407 Uluniu Street, Kailua Medical Arts Building, Second Floor, Kailua, Hawaii 96734 Hawaii Healing Arts College,
Student Affairs 1-808-266-2467 FAX 1-808-266-2460 Web page: www.hhacdirect.com Email:
studentaffairs@hawaii.rr.com

